

# Prevention Specialist Certification

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# Please contact me with questions!

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# NEVADA

## Certification Board

### NCB Certifications

- Birth Doula Certification
- Community Health Worker (CHW) I and II
- Peer Recovery and Support Specialists (PRSS) (IC&RC)
- PRSS Supervisors and PRSS Interns
- Prevention Specialists (PS) (IC&RC)

# What We Provide: Non-clinical Certifications in Community and Behavioral Health Fields

- Ensure evidence-based practice for service recipients
- Allow accountability and recognition for certified birth doulas, community health workers, peer recovery and support (PRSS) interns, PRSS specialists, PRSS supervisors, and prevention specialists
- Grow our (relatively new) professions
- Promote health equity in Nevada



# Accountability and Recognition

## *Accountability*

- Our service recipients and communities deserve the best services that we can provide
- In prevention, we are often providing services for youth, many of whom are vulnerable





# Accountability and Recognition

## *Recognition*

Our certified individuals deserve to be respected, paid a living wage, and should have access to benefits such as student loan forgiveness, health insurance, paid leave, etc.



NCB  
became an  
Affiliate  
Member  
Board of  
IC&RC in  
2016



The International Certification and Reciprocity Consortium

- IC&RC is built on the belief that credentialing advances the addiction and prevention profession.
- Credentialing facilitates standardized practice across a wide variety of settings and regulatory environments. Most importantly, it ensures trained, ethical professionals are available to clients, families, and communities around the globe.

[internationalcredentialing.org](http://internationalcredentialing.org)

# Public Protection

- IC&RC promotes public protection by setting standards and developing exams for credentialing prevention, substance use treatment, and recovery professionals. Organized in 1981, it has a worldwide network of over 50,000 professionals.







# Evidence Based- Practices

- Quality and integrity are the foundation of IC&RC's work. IC&RC's products use the latest research on evidence-based practices, and they are updated every five years and subjected to an extensive process of peer review.

# Member Boards

IC&RC standards and exams are used exclusively by IC&RC Boards. Each Board is independently run and operated with their own jurisdictionally specific processes. If you want to take an exam or earn a credential, contact the board in your jurisdiction.

Nevada has two IC&RC Member Boards

The Nevada Certification Board

<https://nevadacertboard.org/>

The Board of Examiners for Alcohol, Drug, and Gambling Counselors

<https://alcohol.nv.gov/>

# NCB IC&RC versus Non- IC&RC Certifications

## IC&RC Certifications

- Peer Recovery and Support Specialists (PRSS), 2017 (mandated 8/1/2023)
- Prevention Specialists (PS), 2017 (voluntary, required for some grant funding)

## Nevada State Certifications

- Community Health Worker (CHW) I and II, 2019 (CHW I - mandated for Medicaid reimbursement)
- Birth Doula Certification, 2022

(Doula Certification - mandated for Medicaid reimbursement)

PRSS Interns and PRSS Supervisors (2023)



# More than Substance- Misuse Prevention

David Hawkins and Richard Catalano (Communities that Care) have identified research-based risk and protective factors for the following:

## Mental, Emotional, and Behavioral Disorders in Adolescents

- Substance abuse/misuse
- Delinquency
- Depression and Anxiety (New!)
- Teen pregnancy
- School drop-out
- Violence
- Suicide

*Sources: Communities That Care, SAMHSA*



# More than Substance- Misuse Prevention

“Today’s communities face a myriad of challenges – violence, drug abuse, crime, illness – but those problems, and the long-term damage they can cause, can be prevented, with appropriate education and intervention. Prevention-based programs are taking that message to schools, workplaces, faith-based organizations, and community centers in the U.S. and 22 countries around the world. The success of these programs relies on a competent, well-trained, ethical and professional workforce of Prevention Specialists.” (IC&RC)

*<https://internationalcredentialing.org/creds/ps>*

# Prevention Specialists

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- Relatively new profession, becoming formalized
  - Federal classification was stalled due to Covid
- Data driven
- Evidence-based
- Scope of practice
- Prevention Science ...





# Key Models and Frameworks for Prevention Science

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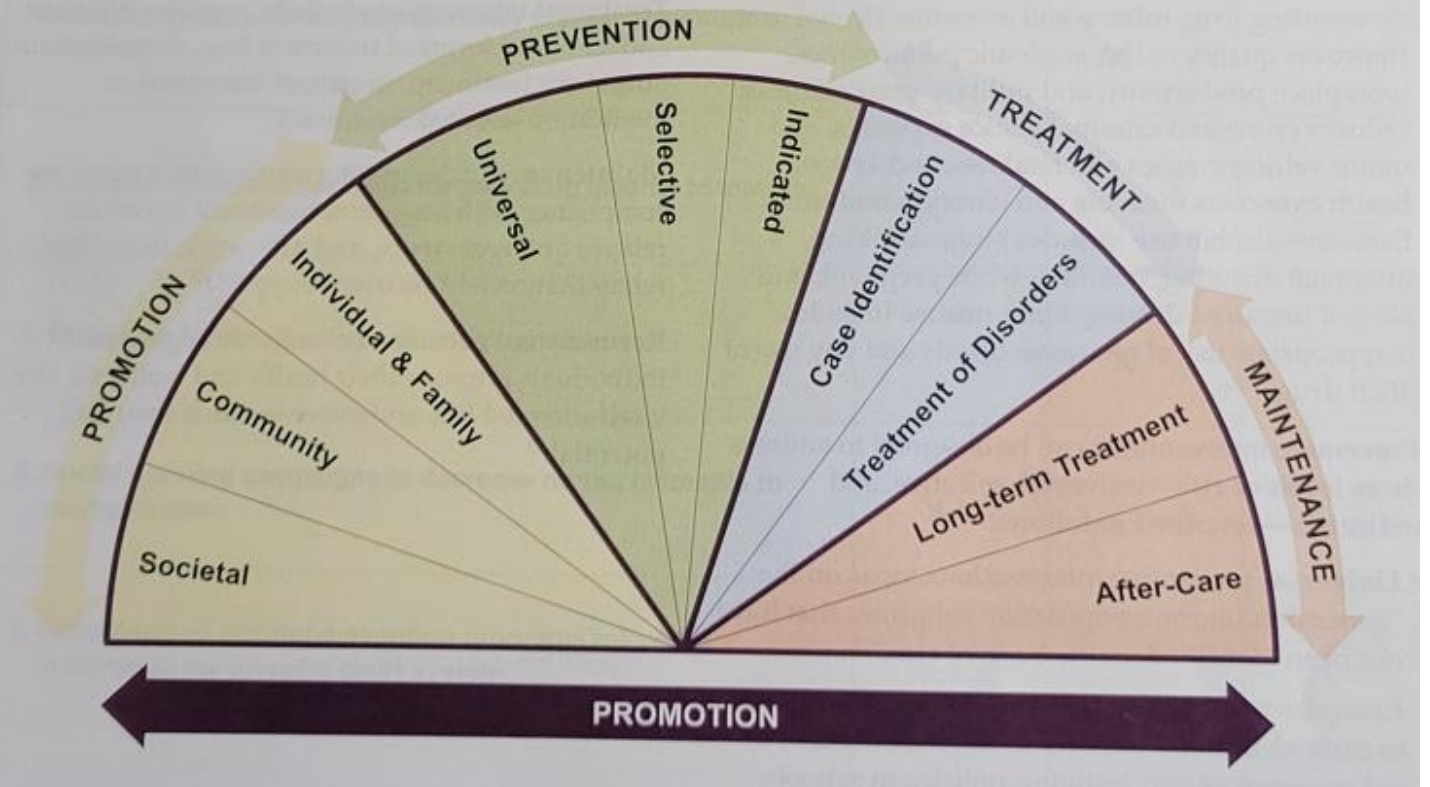
- [The Strategic Prevention Framework \(SPF\)](#)
  - <https://www.samhsa.gov/resource/ebp/strategic-prevention-framework>
- [Risk and Protective Factors | Communities That Care](#)
- [Developmental Assets Framework - Search Institute](#)
- Adverse Childhood Experiences (ACEs) and Positive Childhood Experiences (PCEs)
  - [ACE Interface: The Adverse Childhood Experiences Study](#)
  - [Adverse Childhood Experiences \(ACES\) - The Burke Foundation](#)
  - [Christina Bethell | Johns Hopkins | Bloomberg School of Public Health](#)
  - [PACEs Connection Resource Center Home](#)
- Resilience, Executive Functioning, and Self-Regulation [Center on the Developing Child at Harvard University](#)

Updated Version  
of the Institute  
of Medicine  
(IOM)  
Continuum of  
Care

## The Spectrum of Mental, Emotional, and Behavioral Interventions

In its report, *Fostering Healthy Mental, Emotional, and Behavioral Health Among Children and Youth*,<sup>8</sup> the National Academies of Sciences shares the Spectrum of Mental, Emotional, and Behavioral Interventions (also known as the “continuum of care”). It is a

classification system that presents the scope of behavioral health services: the promotion of health, the prevention of illness/disorder, treatment, and maintenance/recovery.



# Prevention Specialist Domains (IC&RC)



Planning and Evaluation



Prevention Education and Service Delivery



Communication



Community Organization



Public Policy and Environmental Change



Professional Growth and Responsibility



# Strategic Prevention Framework



# Requirements for Certified Prevention Specialists

- **Supervised Experience:** 2,000 hours of paid or volunteer prevention work experience specific to the IC&RC Prevention Specialist Domains (Planning and Evaluation, Prevention Education and Service Delivery, Communication, Community Organization, Public Policy and Environmental Change, and Professional Growth and Responsibility), including 120 hours of closely supervised work with a minimum of ten hours in each domain within the past five years.
- **Education:** High school diploma or jurisdictionally certified high school equivalency ([HiSet](#) or [GED](#))
- **Prevention Training\*:** 120 hours specific to the [IC&RC Prevention Specialist Domains](#), completed within the past five years. 24 hours must be ATOD specific. Six hours must be in prevention ethics provided by the [Prevention Technology Transfer Center \(PTTC\)](#), [Prevention Training Services](#), [CADCA](#), or other NCB approved prevention ethics training organization, and must have been completed within the past two years. **As of January 1, 2024,** all applicants for initial prevention specialist certification will be required to complete the SPF Application for Prevention Success Training (SAPST) as part of the 120-hour training requirement.
- **Examination:** All applicants must pass the IC&RC prevention specialist examination.
- **Code of Ethics:** The applicant must agree to adhere to the [NBC Prevention Specific Code of Ethics.](#)
- **Residency Requirement:** You must live or work in Nevada at least 50% of the time to be certified by the Nevada Certification Board and to maintain that certification.

# Requirements for Certified Prevention Specialists

- **Recertification:** A renewal fee of \$100 and 40 hours of continuing education earned every two years on the [IC&RC Prevention Specialist Domains](#), including three (3) hours of training in ethics related to the field of prevention/and three (3) hours of training in cultural competency/humility/sensitivity.
  - **Cultural Competence/Cultural Humility:** According to the Centers for Disease Control and Prevention (CDC), “Cultural Humility is “an attitude through which an individual learns about other cultures in conjunction with becoming more aware of one’s own beliefs and identities, intended to result in greater mutual understanding, equity, honesty, and trustworthy relationships. ([CDC’s National Center for Chronic Disease Prevention and Health Promotion \(NCCDPHP\) Health Equity Glossary](#))



# Key Resources for Nevada Prevention

- [Prevention Technology Transfer Center \(PTTC\) Network](#)
  - National and Regional
  - Two regional PTTCs are housed at the University of Nevada, Reno
- [CADCA](#)
  - Jamie Ross, one of the NCB Founders sits on the CADCA Community Advisory Council
- Substance Abuse and Mental Health Services Administration (SAMHSA)
  - <https://www.samhsa.gov/resource/ebp/strategic-prevention-framework>
  - [SAMHSA - Substance Abuse and Mental Health Services Administration](#)
- [Prevention Training Services](#)

A small green seedling with several leaves is growing out of a crack in a dark, textured surface, likely asphalt. The background is a soft, out-of-focus light color.

# Challenges

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- Funding
- Certain trainings (availability and time commitment)
  - Prevention Ethics (limited providers, high demand)
  - SPF\* Application for Prevention Success Training (SAPST) – Four full days plus five hours of online preparatory training
- Understanding of the field and the science
- Lack of experience and mentorship for those new to the field

\* Strategic Prevention Framework

# Updates for 2024

- All initial applicants will be required to complete the SPF\* Application for Prevention Success Training (SAPST) training
- Cultural competence/humility training is an option for renewal credits in combination with ethics training
- Launch of Advanced Prevention Specialist Certification

SPF\* Application for Prevention Success Training







# Contact Information

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# U.S. Surgeon General Issues Advisory on Youth Mental Health Crisis Further Exposed by COVID-19 Pandemic

Protecting Youth Mental Health: The U.S. Surgeon General's Advisory

Supporting the mental health of our nation's youth is a major priority for the Surgeon General. In a new Surgeon General's Advisory, available below, Dr. Vivek Murthy calls for a whole-of-society effort to mitigate the mental health impacts of the pandemic, to address longstanding challenges, and to prevent future mental health challenges. The advisory outlines actionable steps for young people and their families and caregivers, schools, health leaders, community organizations, funders, media and technology companies, employers, and governments to protect youth mental health. All of us have a role to play.

